



**Health Matters Newsletter
June 22, 2018**

Today's Health Matters Includes:

- Meeting Schedule
- Community Meetings and Events
- Data and Research- help us collect information- **Attainable Housing Survey**
- BC Summer Games Seeking Volunteers! You can do it
- Canada Day Poster for Ladysmith (attached)
- Granting Opportunity
- Interesting Article that Helps Understand Opposition



Transient Orca hunting for seals off the beach! It was a National Geographic kind of day. Vancouver Island is wildly the best.

Our Cowichan- Network Member Meetings-

- ✓ **Next Admin Committee Meeting- July 5, 4:30-6:30** CVRD Committee Room 2
- ✓ **Next Our Cowichan Network Meeting at July 12 Ramada Silver Bridge** Light dinner at 5:15 pm Meeting starts at 5:45 pm.

Community Events- Meetings

- **Community Response Team Meeting** September 20, 9 am-11am Meeting Room 213 at the CVRD
 - **EPIC-Community Steering Committee** June 28, 1:30 -3:30 pm Ts'i'ts'uwatul' Lelum
 - **Attainable Housing Regional Consultation Meetings-** see information below
-

Local Data and or Research-



Cowichan

Housing Association

Safe affordable housing for everyone!

Visit our [website](#) and [Facebook page](#)!

Dear Community Members,

This year, Cowichan Housing Association is leading the development of an Attainable Housing Strategy. For more information on this project, please

see <http://www.cowichanhousing.com/affordable-housing.html>.

As part of the process, we are reaching out to community members to ask for your input into housing needs. Below is a link to an online survey that will be active until **July 31, 2018**. It should take about five minutes, and we would very much appreciate your input!

<http://bit.ly/CowichanAttainableHousingStrategySurvey>



BC Summer Games Needs Dorm Hosts

From July 19th to 22nd, 2018, 3,000 athletes and 1,000 coaches and officials from all corners of British Columbia will come to Cowichan to participate in the BC Summer Games. There are 18 different sports at 27 venues across the region.

With an average age of 14 to 15 years old, for many of these youths this will be their first time so far away from home. Most schools across our District are Dorm sites for these visitors – 14 schools and 240 classrooms. Every school needs some helpers. **Can you share a bit of your time to provide a big Cowichan welcome to our guests?**

The job is easy and indoors. There will be a table and chairs at the entrance of each school with lists of participants taped to the table. You will simply need to make sure the people check in and out when they come and go. Children are welcome to volunteer with an adult.

In addition to the pleasure of serving, volunteers will receive other benefits. There will be great snacks and treats for volunteers at the school sites and you will be invited to the amazing thank you party on Monday July 23rd following the games with dinner, entertainment and prizes. You will also get a limited-edition t-shirt and official lanyard.

Front door shifts for Thursday July 19th, Friday July 20th and Saturday July 21st are: 6 am to noon; noon to 6 pm; 6 pm to midnight, and midnight to 6 am. Sunday has one shift of 6 am to noon. If you only have 3-hours to spare or need a different timeframe for a 6-hour shift, we can make that work.

For more info or to sign up please contact Sue Plester, BC Games Dorm Management Volunteer at 250-416-1023 / questconsulting@shaw.ca or the main games office at 236-800-0157 / www.bcgames.org where you can register on line, then choose to help in accommodations and dorm management or many other games jobs. Thank you in advance for your generosity.

Granting Opportunities

New grants have potential to create new child care spaces

Families searching for quality, licensed child care in their communities will have hundreds more options through a new grant program.

► [READ MORE](#)

Children and Family Development, Government Operations

National Crime Prevention Strategy
[community-based projects \(up to \\$25,000\)](#)

– submission deadline is **July 31**

Public Safety Canada is working to build a safe and resilient Canada through the National Crime Prevention Strategy (NCPS), which provides time-limited funding in the form of grants and contributions. Funding under the NCPS supports projects that contribute to preventing and reducing crime in Canada and to increasing knowledge about what works in crime prevention.

The NCPS' priorities for the 2018 Call for Applications are direct intervention and strengthening community readiness projects among Indigenous and vulnerable populations to prevent or reduce the impacts of the following crime issues on communities:

- youth gangs
- youth violence
- youth bullying
- youth cyberbullying

Public Safety Canada provides time-limited funding to organizations to address priority crime issues for Direct Intervention projects and for Strengthening Community Readiness projects.

Strengthening Community Readiness projects can be up to 24 months of duration. The maximum amount of funding available is \$400,000 per recipient, per project, with a maximum of \$200,000 per year.

Direct intervention projects can be up to 60 months of duration. The maximum amount of funding available is \$7,500,000 per recipient, per project, with a maximum of \$1,500,000 per year.

Detailed information and forms are accessible in this link: <https://www.publicsafety.gc.ca/cnt/cntrng-crm/crm-prvntn/fndng-prgrms/ntnl-crm-prvntn-strtg/index-en.aspx>

Interesting Article that Helps Understand Opposition

<https://www.psychologytoday.com/us/blog/what-is-he-thinking/201003/we-need-have-empathy-tea-partiers>

Do you have a resource, event or information you would like to share?

Send it to cindylisecchn@shaw.ca and it will be included in the weekly

Health Matters Newsletter